

# Instinct

July 10th - 21st, 2017

Monday-Friday • 10am - 3pm

The Cowles Center, Studio 5B

528 Hennepin Avenue

Minneapolis, MN 55403

Mathew Janczewski's

**ARENA**  
DANCES

PO BOX 50261 • Minneapolis,

MN 55405 • 612.804.0238

## PARTICIPANTS NAME/CONTACT INFO

Name First

Last Name

Address

City/State

Zip

Phone

E-mail

## WORKSHOP PAYMENT OPTIONS

Early registration and payment due by May 15, 2017; all others due by June 5, 2017. Please select an option below.

Send signed, completed registration form and payment (if paying by check) to ARENA DANCES PO BOX 50261 • Minneapolis, MN 55405

[ ] Before May 15th (early registration): Enclosed is my check made out to ARENA DANCES, Inc. in the amount of \$400.00  
Check #

[ ] Before May 15th (early registration): I will be paying online through the ARENA DANCES, Inc. website in the amount of \$400.00 To pay online go to [arena-dances.org](http://arena-dances.org) and click on the "Donations Tab"

[ ] After May 15th: Enclosed is my check made out to ARENA DANCES, Inc. in the amount of \$500.00 Check #

[ ] After May 15th: I will be paying online through the ARENA DANCES, Inc. website in the amount of \$500.00 To pay online go to [arena-dances.org](http://arena-dances.org) and click on the "Donations Tab"

## WAIVER/RELEASE

ARENA DANCES' instinct Dance intensive involves a [high/moderate] energy expenditure level and is to be considered [high/moderate] intensity in nature. It is therefore recommended that students know the status of their health and any limitations on their ability to safely participate in the physical activities involved in the workshop content. If there are any questions about your health status, you should seek advice from a physician.

ARENA DANCES, Inc. Workshop facilitators, company members, teachers, and its affiliates are in no way liable for injury that may result from participation.

## PARTICIPANT(s) SIGNATURE

Signature

Date

Signature

Date

## PARENT/GUARDIAN SIGNATURE (IF UNDER THE AGE 18)

Signature

Date